





**BRIAN LEANEY** 

# KENT CYCLING ASSOCIATION President Pat Hill

## OPEN 12 HOUR TIME TRIAL

Including the South East Tricycle Association Open 12 Hour Time Trial

Sunday 10th August 2008

**RESULT SHEET** 





the circuit. Roger Bunnett came down on his motorbike, announcing his presence with a majestic wheelie, and swept up after the last rider. Maurice served you with your light refreshments in the hall at the end of the day, and Max Norrell (VC Bayeux) coped with the washing up. Jackie McNay was kept busy with riders who wanted massage and coped well with the extra riders.

We were lucky that the early rain quickly died away leaving the wind as the main problem as its ferocity never diminished. In spite of this there were some excellent rides with a number of improvements. Inevitably there were some retirements in such vicious conditions and I was sad to see a dejected Ernie Mackey standing by his car at Sugarloaf, albeit looking rather smart in non-cycling gear. He was not only calling it a day for 2008 but



Ernie Mackey 2004

said that his knees are now giving him so much trouble that he won't be able to consider riding the event again.

Riders have expressed their thanks and praise to the marshals who, they said, were excellent and together with the signs, put out by Tim & James, made staying on course easy. Peter Horsfield took the trouble to write a poem about the event. I'm also grateful to Gary Booth, who once again transported food and drink for some riders with no helpers. I hope everybody who says they will ride next year will still be of the same mind when entries are due and look forward to being reunited with you all.

Esther

## Prize Presentation

All awards will be presented at the Kent Cycling Association Lunch at

Smarden Village Hall on 9th November 2008 Tickets f.17.50

Contact Pat Hill @ (01580) 291737 for further details

It is hoped that as many prize winners as possible will attend

**Esther Carpenter** Southborough & District Whs C.C Event Secretary:

10 Maplehurst Road,

Baldslow,

St.Leonards-on-sea. East Sussex, TN37 7NA **1** (01424) 751581

Timekeepers: Peter Stone West Kent R.C.

Paul Mepham V.C.Elan

Southborough & District Whs C.C Warwick Dunford

Ian & Clarice Masterson C.C. Bexley Vic Williams Medway Velo West Kent R.C. Alan Koolman Pat & Ted Hill San Fairy Ann Geoff Bray Medway Velo

Last Man Marshal: Roger Bunnett C.C. Bexley

Roving Marshal: V.T.T.A. Surrey Sussex Group Tim Carpenter

#### Riders who Did Not Start

The following riders did not start the event:

Mrs Brenda Davies\* (Rye & District Wheelers) - Geoff Eggar\* (Epsom C.C.) - Pete Gowans\* (St Ives C.C.) - Derek Howlett\* (Kent Cycles R.C.) - John Lynch; David Page (Rye & District Wheelers) - Rupert Robin (Brighton Mitre C.C.) \*apologised

#### Riders who Did Not Finish

Name	Club	50 Mile Time	100 Mile Time
Graham Galpin	Medway Velo Club	2.35.46	5.29.15
Miss Liz King	Rye & District Wheelers	2.55.27	6.14.11
John Laker	Kent Group VTTA	2.36.00	5.24.12
David Mackey	Kent Cycles		5.29.57
Paul Osborne	Rye & District Wheelers	2.46.50	6.12.34
Robert Burden	Rye & District Wheelers	2.50.41	
Tim Larkin	Rye & District Wheelers	2.28.03	
Ernie Mackey	Medway Velo Club	3.00.42	
Paul Simpson	Rye & District Wheelers	3.03.13	
Dave Spice	Rye & District Wheelers	rs 2.39.09	

#### K.C.A 12 HOUR RESULT



#### **Fastest**

1st	Garry Banfield	Kent Cycles	266.091 miles
	A J Bathurst Troph	Gilt Medal	

2nd Andy Miles Gemini B.C. 249.189.miles

Silver Plated Medal

3rd Ian Sutton San Fairy Ann C.C. 248.672 miles

Bronze Medal



Garry Banfield

## <u>Lady</u>

1st Bronwen Ewing Rye & Dist Whs C.C. 204.325 miles
Glad Mills Plaque



Bronwen Ewing

## **Team of Three**

1st San Fairy Ann C.C. 660.888 miles
Ian Sutton (248.672 miles); Rob Tipples (217.526 miles) Eric Lejeune (194.690 miles)
The Bray Shield (for one year) Gilt Medals





Ian Sutton

Rob Tipples Eric Lejeune

2nd Medway Velo Club 659.757 miles

Jason Weale (233.112 miles) Rob Kennison (222.287 miles) Joe Tucker (204.358 miles)

Silver Plated Medals

Spain where he's been living for some years; Peter Stubbs (Catford), the Gemini trio of Derek Chisnell, John Dumper and Ray Harrad; Tony Farmer (Ashford), John Ashdown & Chris Parker (both Hastings) and Vic Williams (Medway Velo) were all familiar faces during the early miles. Gordon Davies (Thornton RC), Derek Baynton and Dave Patten (both in the Rye Whs) were at East Guldeford and Rye respectively and John Smith, Brian Leaney & Maurice later joined Tony at Brenzett as the first group of twenty five riders moved onto the Appledore circuit to join the thirty four who were in the second part of the field and missed the Camber leg.

Derek Duchemin (Ashford Whs) and Gordon Haymes & Steve Rogers from the Gravesend were at the slip road between the by-pass and the old Hamstreet hill, both later being relieved by



Roger and Warwick at Stubbs Cross

Peter Stubbs and Roy & Pam Manser (SFA). S'boro Whs - Les Hayman, Martin Yardley and Geoff & Margaret Abrahams - took turns to man Magpie Lane. Up at Stubbs Cross Warwick Dunford (S'boro), who had also helped out with the emergency course planning, volunteered for duty from 9.30am to 4.30pm helped by Alan Koolman (West Kent RC), Mark Vowells (SFA & TA), Keith Ray (Gravesend) and Brian Leaney. Gordon Sherwood was at New Street Farm. This year Graham & Glenys O'Neill organised the Thanet RC marshalling as Dave Saffrey who has been a staunch supporter of the event for many years, is in poor health. As it happened Dave did feel well enough to make the trip up and must have enjoyed meeting old friends. Dave Wright (Medway Velo) and Alan Francis (ex Cambrian Whs), and Mike Hayler (Brighton Mitre) were at Woodchurch.

Tim Carpenter joined Brian Leaney at The Bull where a combination of good marshalling and Peter Stone's giant signs to the east and west of the pub ensured not only that all the riders got across to Bull Lane safely but ensured that a few drivers were interested enough to stop to find out what was going on. Roger & Jean Travers (Wigmore CC), John Smith (again), Bob Giles and Pip Carey both from Rye Whs. filled the last posts of the day whilst Vic Williams, Geoff Bray, Paul Mepham, Ian & Clarice and Pat & Ted Hill (who also had the company of Len & Therese Mason), kept time at the four stations around



Brian Leaney and Keith Ray

#### A BRIEF REPORT

My heart sank when I received an e-mail from Pat telling me that there would be extensive roadworks in St. Michaels covering the period when we would be running this year's 12 Hour. This effectively put the pivotal Tenterden circuit out of action for us. However, after taking advice, we were told that the circuit would be used and the riders would have to accept the traffic lights; I had visions of two road races, the scheduled Surrey League event and the accumulation of our impeded riders, joining the Reading Street section together and dividing to left and right at the bottom of the hill! There was more bad news when a board was erected on our finishing circuit at Brissenden noting that the road would be closed for repairs at a time that also included the weekend of our event.

Fortunately when Peter Stone returned to these shores after his annual visit to the Tour de France he swung into action immediately he heard the news. Word went out that laps of the Woodchurch circuit would be increased to give the necessary mileage and from the depths of his memory he vaguely dredged details of a finishing circuit used in an emergency a few years ago. Could I find the details? I didn't tell him it was very doubtful but dredged through likely piles of paper eventually, to my amazement, finding what I needed in the 1991 strata. Peter had reservations about the right hand turn at The Bull but decided to go ahead and hope that strong marshalling would avert any disasters.



Ron Beale

I was so pleased that the problem of the course was solved as entries were arriving daily and it would have been a bitter disappointment to have returned them. When the start sheets went out there were fifty nine names on the list, including five ladies from the Rye Wheelers a genuine Frenchman, a Scotsman and, particularly pleasing, Stephen Bishop whose father, John, supported the event over a period of forty years. Ron Beale, one time fast man in the Sydenham, rode in aid of Find A Voice, an Ashford based charity.



Ian and Clarice at the 2007 event

Congratulations are due to all the finishers and heartfelt thanks to the marshals and timekeepers, many of whom have been turning out for decades. I have been able to trace Ian & Clarice Masterson back for at least forty years timekeeping and their CC Bexley clubmates turned out for the forty first time to organise the feeding station. Brian Leaney pushed riders off at a signal from Paul Mepham & Peter Stone, James Carpenter, Barney Carpenter, John Smith (West Kent RC), Maurice Carpenter (S'boro); Kelvin Young (SFA), now back from

#### Veteran on Age Standard

1st	Shay Giles	V.C. Deal	+50.285 miles Gilt Medal
2nd	Garry Banfield	Kent Cycles R.C.	+44.461 miles Silver Plated Medal
3rd	Alan Priddy	De Laune C.C.	+32.535 miles



Shay Giles

## **Greatest Improvement on Personal Best Distance**

Bronze Medal

Bronze Medal

1st	Andy Miles	Gemini B.C.	+29.124 miles
			Gilt Medal
2nd	Miss Jane Reeve	Rye & Dist Whs C.C.	+23.718 miles
		Silv	er Plated Medal
3rd	Rob Tipples	San Fairy Ann C.C.	+12.400 miles



Andy Miles



## TA SOUTH EAST 12 HOUR RESULT

1st	Andrew Nye	Ashford Wheelers C.C.	188.003 miles
2nd	Peter Holland	Lincoln Wheelers C.C.	175.284 miles



Andrew Nye

The following clubs were sponsored:
Ashford Wheelers C.C. - Ashford Couriers/Chaverey;
Flitch Crono - www.flitchbikes.co.uk; St Ives - Plastribution;
Kent Cycles R.C. - Look/Bianchi/Pro/Met/Tekno Fuel;
V.C. Deal - Hammond Dover/Nico Sport/SIS/Harry Rowland;
De Laune C.C. - Evans Cycles.

Pos	Name	Club		Vet Std	РВ	50 Mile Time	100 Mile Time	Distance	Std +/-	PB +/-
1	Garry Banfield	Kent Cycles R.C.	V42	221.63	261.715	2.05.53	4.16.18	266.091	44.461	4.376
2	Andy Miles	Gemini B.C.			220.065	2.08.03	4.21.07	249.189		29.124
3	Ian Sutton	San Fairy Ann C.C.			237.200	2.14.20	4.33.27	248.672		11.472
4	Peter Moon	Eastbourne Rovers	V47	213.45		2.21.11	4.44.50	243.497	30.047	
5	Shay Giles	V.C. Deal	V63	189.22	240.000	2.20.20	4.47.20	239.505	50.285	-0.495
6	Jason Weale	Medway Velo Club			232.592	2.14.16	4.39.21	233.112		0.520
7	Colin Tuckwell	Thornton R.C.				2.22.07	4.48.28	232.580		
8	Neil Quarmby	Southborough Wheelers	V45	216.69	230.838	2.22.21	4.57.07	228.325	11.635	-2.513
9	Geoff Smith	V.C. Etoile	V58	196.48	233.799	2.32.27	5.01.55	227.941	31.461	-5.858
10	Barry Goodsell	Rye & District Wheelers	V44	218.32	212.414	2.42.47	4.05.48	224.784	6.464	12.370
11	Rob Kennison	Medway Velo Club	V44	218.32		2.24.39	4.56.36	222.287	3.967	
12	Michael Pumphrey	Thornton R.C.	V48	211.84		2.32.06	5.04.57	221.226	9.386	
13	Ashley Holmes	Deal Tri				2.22.18	5.05.25	219.006		
14	Alan Priddy	De Laune C.C.	V66	185.00	227.705	2.33.54	5.11.17	217.535	32.535	-10.170
15	Rob Tipples	San Fairy Ann C.C.			205.126	2.40.38	5.19.43	217.526		12.400
16	Keith Rowson	Deeside Thistle				2.33.28	5.11.58	211.160		
17	David Bradnam	Flitch Crono			195.370	2.34.50	5.28.22	207.276		11.906
18	Joe Tucker	Medway Velo Club	Jun			2.44.41	5.47.14	204.358		
19	Miss Bronwen Ewing	Rye & District Wheelers	LV42	208.68		2.40.58	6.13.25	204.325	-4.355	
20	Terence Sowa	West Kent R.C.	V52	205.56		2.44.46	5.36.35	203.528	-2.032	
21	Bob Harber	Brighton Excelsior C.C.	V63	189.22	214.670	2.33.01	5.17.50	202.035	12.815	-12.635
22	Nick Gritton	Sydenham Wheelers	V43	219.97		2.39.09	5.46.56	200.594	-19.376	
23	Peter Horsfield	Redmon C.C.	V58	196.48	234.014	2.33.30	5.17.22	199.541	3.061	-34.473
24	David Bishop	Wigmore C.C.				2.42.14	5.36.25	198.290		
25	Stephen Bishop	Wigmore C.C.	V40	225.00		2.35.32	5.38.38	194.951	-30.049	
26	Eric Lejeune	San Fairy Ann C.C.				2.43.14	5.45.37	194.690		
27	Steve Gooch	Rye & District Wheelers	V42	221.63		2.22.11	4.44.35	194.634	-26.996	
28	Alec Mayes	Ashford Wheelers	V63	189.22		2.52.29	5.47.30	191.013	1.793	
29	Jim Hollands	Rye & District Wheelers	V69	180.86	198.249	2.44.50	5.50.48	188.732	7.872	-9.517
30	Shaun Boorman	Thornton R.C.	V41	223.31		2.45.35	5.47.27	188.452	-34.858	
31	Andrew Nye	Ashford Wheelers	TV52	189.22	214.483	2.53.41	5.58.48	188.003	-1.217	-26.48
32	Simon Yates	Lewes Wanderers	V56	199.46	193.740	2.51.00	6.09.17	186.397	-13.063	-7.343
33	Clinton Maisey	Wigmore C.C.	V70	179.51	200.000	2.48.10	5.50.08	185.594	6.084	-14.406
34	Mark Nash	Rye & District Wheelers	V52	205.56	196.952	2.45.21	5.47.58	182.108	-23.452	-14.844
35	Steve Maxted	Rye & District Wheelers	V65	186.39		2.55.15	6.17.16	178.416	-7.974	
36	Peter Holland	Lincoln Wheelers C.C.	TV61	176.82	203.220	3.04.11	6.35.55	175.284	-1.536	-27.936
37	Kevin Hall	Rye & District Wheelers	V67	183.61	167.000	2.55.38	6.20.20	174.532	-9.078	7.532
38	Granville Bantick	Rye & District Wheelers	V74	174.18	172.66	3.00.54	6.33.50	169.650	-4.530	-3.010
39	Malcolm Strickland	C.C. Bexley	V53	204.02	182.652	3.01.29	6.23.13	167.062	-36.958	-15.590
40	Miss Aly Nye	Rye & District Wheelers	LV44	205.56	183.971	3.11.00		163.788	-41.772	-20.183
41	Miss Jane Reeve	Rye & District Wheelers	L		137.000	3.03.05	6.33.50	160.718		23.718
42	Ron Beale	Sydenham Wheelers	V73	175.50				157.558	-17.942	

#### YOU TOO CAN RIDE A '12'

I've often wondered why 12-hour time trials have never captured the public imagination in the way that marathons and triathlons have over the past 15-20 years. The '12' is an amazing test of the individual, an intricately worked-out course where you see how far you can ride in 12 hours, yet amazingly finish within a few miles of the HQ. And from my experience almost any keen cyclist can do one. If you're the sort of rider who can build up to being comfortable on long touring rides of 80+ miles by the summer, you too can ride a 12. It may not be the fastest, but even if your target is 'only' 150, 180 or 200 miles in 12 hours that's still a very satisfying achievement. If you are into Audax or cyclosportives, you can certainly ride one.

When I was a teenage Ashford Wheeler in Kent in the late 70s/early 80s quite a few of the 20-something members had ambitions to ride the local KCA 12 – just for the challenge of it, there was no shame in a slow ride or not finishing. For several years I tried to support my then boyfriend, by bike. In the days before mobile phones this was an extremely fraught experience, particularly if he was going well. This meant that he would be riding the full course, rather than being turned round short (as we joked, 'slower riders will have legs cut off during the day'). The full course used to disappear into a sort of black hole beyond Maidstone in the early afternoon, with strange names like Gladdish and Pikefish which didn't appear on the Barts map the only clues as to his whereabouts. If he was lucky I'd find him again hours later on the finishing circuit near Bethersden. If not he'd have to rely on

the organisers' feeds, sometimes of questionable digestibility ('Scotch egg and tomato, anyone?'). Some riders carried their own special requirements, like the strips of raw liver favoured by 'Old Wilf'. By the finish Old Wilf's face and jersey were streaked with blood – not a pretty sight. And there wasn't anywhere to wash: the HQ was just a farmer's field. There was a tent to shelter the tea urn. But no loos as far as I remember.

Finally I decided that I might as well ride myself – it might be less stressful. In 1983 I nervously submitted my first entry – only for it to go missing. A sympathetic organiser slipped me onto the end of the start sheet after I swore I'd posted it, causing ructions within the local RTTC hierarchy which Joyce and Warwick Dunford could still remember when I met them again at the Lewes Wanderers' dinner in 2006. My recollections of the ride are actually quite pleasurable – crossing Romney Marsh in the early morning mist, seeing absolutely everyone I knew in the Kent cycling world somewhere or another on the course offering me things to eat and drink, having a much-needed loo stop at 7 hours in



Anne Hill

Biddenden and devouring a chicken leg, a very precise craving mid-afternoon for a tomato with salt on it and finally mistaking fluorescent posters for marshals as fatigue set in on the finishing circuit. You just keep riding round it until one of the timekeepers stationed every few miles tells you to stop. The only problem was with my support team, who did actually have a car, but decided to spend a couple of hours having a civilised visit to the National Trust gardens at Sissinghurst just when I needed them! I narrowly beat 200 miles that year with 204, and managed 201 in 1984. After that I was working and not doing as many miles as I did as a student, and thought I couldn't maintain the training mileage I needed to improve. But I certainly enjoyed my 12s more than 100s, where I felt much more pressure to keep up the speed.

I would certainly recommend the KCA 12 as one of the most scenic and friendly courses around and very supportive to anyone trying it for the first time. And, in case you're worried, it does have a proper HQ with washing facilities, teas and even a massage service these days!

Anne Locke, Lewes Wanderers

(Anne Hill, Ashford Wheelers c1979-86)